



The Strand



Welcome to our latest Newsletter - February 2024

www.sidestrandhall.org.uk

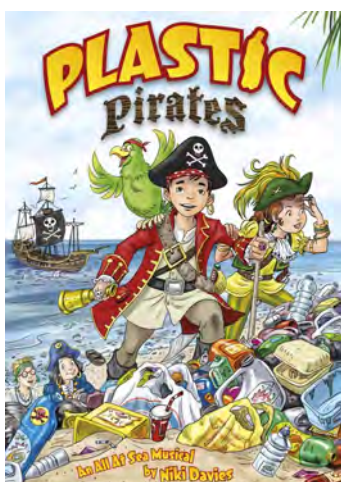
I hope you enjoy this term's Newsletter. It seems to have been a busy half-term again, which has included some trips out for some of our students, and some visitors in to the school to support the students in their learning.

Rehearsals have been going well for our upcoming show 'Plastic Pirates', which can be seen on the 20th March at Cromer Pier. Tickets are now on sale via the Cromer Pier Box office or online at www.cromerpier.co.uk. We hope to see you there!

Students are preparing themselves for the Schools Cross Country which is being held tomorrow. As you can read in our PE news article, it has been a great opportunity for our Sports Leaders to support some of our younger students.

Wishing you all an enjoyable Half Term break.

Ms Taylor
Headteacher



Diary Dates

- Friday 16th February - last day of term, students finish normal time
- Monday 26th February - back to school
- Thursday 7th March - World Book Day, more details to follow
- Friday 15th March - Red Nose Day, more details to follow
- Wednesday 27th March - last day of term, students leave at 1.30pm
- Monday 15th April - back to school



Please ensure you contact reception **EVERY DAY** that your child is off sick before 9.15am.

This could either be via telephone, leave a message or by email.

01263 578144— opt 5 to speak to reception

01263 578144— opt 1 to leave a message

studentabsence@sidestrandhall.net

please note the new email address

Strands Charity Shop

We are looking for volunteers to help out in our school charity shop in Cromer. If you would like more information please contact the School Business Manager (Wendy) at the school or Sheila Neale, the Shop Manager on 01263 515188. Volunteers will be subject to enhanced DBS check.





Hello, my name is James, and I am a Complex Needs nurse based at Just One Number. This is the single point of access for Norfolk & Waveney Children & Young People's Health Services.

I am available for families of children at special schools to call me with any questions or concerns about their child's health.

Additionally, school staff can call me to discuss a child or young person if their parent has given their consent. The following are some examples of the topics I can help with:



This list is by no means exhaustive, and parents and school staff can seek advice about other aspects of health and wellbeing as well.

Our strands Charity shop have been collecting donations for Brain Tumour Research in memory of Liz Locke (a much loved member of staff from SHS). We have raised a total of £1323.51.



We are constantly updating our new school website with useful information, upcoming dates, and events. Fig and Oak classes have even started to post regular blogs. Be sure to check it out at <https://sidestrandhall.org.uk/>



Oak Class have, once again, been busy! We have enjoyed making the most of modern technology using Zoom to chat to a genuine author (thank you Mr. Pim!) and the managing director of an advertising company (thank you Mr. Heath!) we have learnt a lot from our outside speakers! We have enjoyed making clay faces in Art in the style of Pablo Picasso and creating bird boxes in design technology which we are all (quite rightly!) extremely proud of.



College Visits 2024

If you are undecided regarding applying to college, would like more information or would like to visit the college that you will be attending in September – please see below -

CCN Campus Tours

<https://www.ccn.ac.uk/news-events/events/ccn-campus-tours/>

Please access the website and book a time on-line



Easton Campus Tours

<https://www.easton.ac.uk/news-events/events/easton-campus-tours/>

Please access the website and book a time on-line



Paston Campus Tours

<https://www.paston.ac.uk/news-events/events/paston-campus-tours/>

Please access the website and book a time on-line



ACE Campus Tours

<https://ace-project.org.uk/college-programmes/>

Please access the website and book a time on-line



St Eds Campus Tours

<https://st-eds.org/contact-us/>

Please access the website and complete the contact form to arrange to talk to a member of staff.



Catch 22 College: Great Yarmouth Campus Tours

<https://www.catch-22.org.uk/find-services/great-yarmouth-college/>

[01493 859751](tel:01493859751)

Please either phone or complete the on-line form to have a tour.



PE News

This term the students have been practising hard for the Cross Country Event on the 14th of February. Students have been trying to beat their number of laps and then times each week. The classes have also been working on motivating one another with positive praise and running as a team. The pictures below are the Year 10 and 11 Sports Leaders supporting Birch class in Year 7 and Oak in Year 8. Each week they run with the same running buddy who encourages and runs alongside them. Well done to all the students this term for their amazing effort.



If your child is off or late in due to a medical/dental appointment, please can you send in proof of the appointment

USEFUL NUMBERS

Transport - 0344 800 8020

Immunisation Team - 0300 555 5055





Sidestrand Hall School Menu Jan 24-Easter 24



Jacket Potato with cheese or beans available each day

Packed lunch available each day with ham, cheese, egg or tuna sandwich filling plus water, fruit, yoghurt or pudding of the day

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Pork and beef meatballs with pasta, sweetcorn and Garlic Bread (GF meatballs and pasta) DF	Battered Cod, chips and peas GF & DF (GF fish fingers)	Sausage, roast potatoes, carrots, peas and gravy (GF sausage) DF	Chicken Korma with rice and naan (GF bread) GF/DF	Hot Dogs, fried onions and wedges (GF roll) DF
Option 2 (V)	Quorn sausage, Yorkshire pudding, mash potato, peas and gravy GF/DF	Quorn Bolognese with Sweetcorn and Garlic Bread GF/DF	Cheese and onion quiche, wedges and salad	Shepherdess pie with quorn mince, peas and carrots GF/DF	Vegetable lattice, wedges and salad
Pudding	Vanilla ice cream with chocolate sauce GF/DF	Strawberry jelly with cream and sprinkles (DF no cream) GF	Chocolate mousse GF DF cake	Syrup sponge and custard DF cake GF Custard	Cherry Oatie GF/DF

Weeks commencing 4th Jan, 15th Jan, 29th Jan, 12th Feb, 4th Mar, 18th Mar

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Tuna pasta bake with peas and sweetcorn GF/DF	Chicken fajitas with potato wedges GF/DF	Beef and onion pie, mash broccoli, carrots and gravy GF cottage pie	Lasagne, garlic bread and salad GF/DF	Pork and apple burgers, chips GF/DF
Option 2 (V)	Veggie chilli con carne with rice and garlic bread GF/DF	Cheese, mushroom and tomato pizza with potato wedges GF/DF	Vegetable Curry with Rice and Naan bread (GF)	Quorn fillet, roast potatoes, carrots, peas and gravy GF/DF	Macaroni cheese and salad GF/DF
Pudding	Apple and Raspberry crumble with cream GF/DF	Chocolate sponge (DF) and chocolate custard GF/DF	Fruit salad with vanilla ice cream GF/DF	Eton mess GF/DF	Jam tart and custard DF no custard

Weeks commencing 8th Jan, 22nd Jan, 5th Feb, 26th Feb, 11th Mar, 25th Mar

Where possible please book online using schoolmoney website or app. Online bookings to be received by Wednesday midnight for the following week.





Bay Class

As part of our topic this half term we have been learning all about Polar Regions. In Design and Technology we designed our own Polar Regions. We then used junk modelling to make our own Polar Region habitat. We had to think about what animals we would see in the habitat and include at least one animal in our model. We used a variety of techniques, including painting, cutting and sticking. Once it was finished we had to say what we liked about our model and what we would change next time.



Lower School Swimming

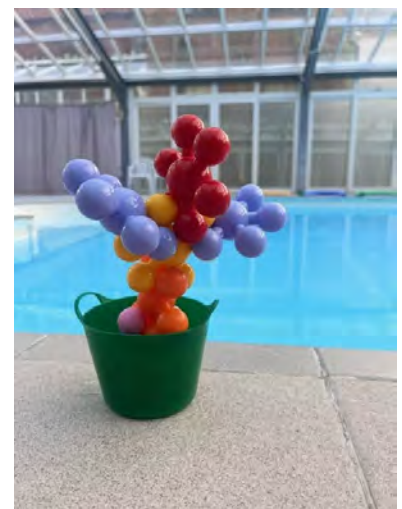
This term we have been concentrating on pupils getting their face in the water. Most pupils are now able to swim with their chin in the water whilst blowing bubbles. I am hoping by Easter most of them will be able to put their whole face in water.

Pupils have also been learning how to tread water and have been building up so they are able to do it for a whole minute.

Most students have completed their 5m front crawl and 4 students have completed their 40m front crawl. Well done everyone. 🎉

I am looking forward to our Water Safety Week on 16th February.

Mrs Beane





Pine Class

We've had a really good half term! Pine Class has enjoyed learning about Asia in Topic where they have created some beautiful art work of colourful elephants. In Thrive they have been learning how to help their anxiety by relaxing through practising yoga. We also had a great trip to Hatters Teashop in Cromer where the children ordered and paid for their own food. We also visited the library where they were given library cards and shown how to use the library. We had a great time and the children managed these new experiences really well. Have a lovely half-term break!



On Friday the 22nd of December 2023 at 07:30am, Anderson Senior and I put up a Christmas stall in Aylsham Market Place.

Thanks to the town council for the free pitch. We sold many Christmas crafts and gifts that our pupils had made in Enterprise and Year 10 and 11 Construction.

Many thanks to staff, friends and locals who came along, supported and helped.

Along with proceeds from The Christmas Fayre we managed to raise £600 for the school.

See you again next year.

Mr Anderson



This term we welcome Ms Dawn Mountain to the Governing Board as our new Parent Governor. She will be getting involved in school matters and helping to make links between the staff and families easier. Remember - Governors can be contacted via the school Office.

Angela Wrighton Chair of Governors



RED NOSE DAY

Red Nose
Day is Friday
15th March.
More details
to follow

6th Form News



We are halfway through the year and already students have achieved so much and have learned skills that they will continue to use in each of their option classes.



In Construction students have been learning how to use different wood joints in woodwork. So far, they have made boats and yachts using dowel joints and are also making yacht and boat pictures. The next project will be making wooden planters ready for summer planting.



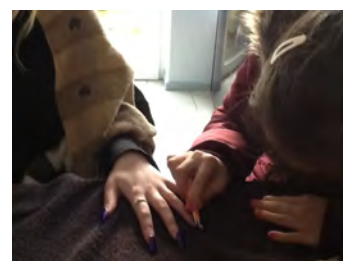
Outside, our gardening students have been learning how to make hedgehog hotels and bird boxes using recycled materials from old pallets.



Animal Care students have had two visitors to run specialist classes on the topic of Parasites! A very disgusting but riveting subject. Lauren Grimes, Veterinary nurse came in with models of parasites that can infect our pets. This term, former student Beth Maisner, now Zoologist, explained the life cycles of parasites infecting domestic animals including some role play as vets extracting worms from a pet dog and a rabbit.



In Hair and Beauty, students have worked hard on nail care, learning some new techniques for perfecting their nail varnish decorations.



In Sport and Fitness, students have been using the gym at Trimingham and will do so until Easter. They have been doing keep fit exercises and are learning how to use the cardio equipment. They will also be learning swimming sports skills.

A busy timetable!

Mr Grace, Pioneer form tutor, challenged our Sixth Form students to write about their options. Here we have 5 students who have written about the options.

I have an obsession with Sports and Leisure as it helps me keep fit and healthy

My Favourite Machine is the Treadmill as it helps me practice my running for when i do my C25k

My Sports Teacher and Form Tutor on Tuesday John is the GOAT and he helps with lots of stuff even know its hard to handle.

By Isaac, Pioneer

In sport and leisure we have been going to the gym and working on fitness. Our leader is John/Mr Coates and TA's are Karen Turner and Helen Sadler. Sport leisure is real fun. you do basketball, football, tennis, rugby, hockey, curling and a lot more sports. The gym we go to is Woodlands and also we are going swimming there and I love the gym because it makes me a stronger person. Also before we do the fun stuff we have to do some work for ASDAN for sport leisure. Also you will love sports.

BY AMY, Explorers

In sport and leisure we do many different types of sports activities like Table tennis, Basketball, Tennis and curling. We also go to the gym for four weeks and then swimming for another four weeks then after we go for walks in Sheringham park for our leisure activities, we also do theory work where we have to research our favourite sports person and what they do, sports companies, rules and regulations and healthy eating.

Daniel, Pioneer

I am making a Boat and a Lighthouse out of wood. First I cutted out some wood, then I painted them, and finally I put them all together . I painted them Red, Blue, white and Yellow.

The tools I used were a saw, a drill and some wooden joints.

I get to keep them.

I will put in my bedroom closet

Joseph, Explorers

On Wednesdays during gardening we are currently making hedgehog hotels.

There will be put around the school grounds for little creatures to live In and stay safe.

I worked in a group with two others. John gave us instructions to follow.

We used wood from old pallets. The equipment we used was a pencil, a tape measure, a saw, a ruler, screws and a drill. I enjoyed making the hotel and I'm pleased with how it looks.

Callam, Pioneer

MOOD MUSIC - FEEL THE MUSIC

Here are a few tunes that make me feel in a better place.....

Someone Like You by **Adele** I love this song because it makes me feel calm and makes me sing my heart out.

The Climb by **Miley Cyrus** is an amazing song to sing along to.



Just Dance (sped up) by **Lewis Hanton** is a good song to dance to.

Home by **Edward Sharpe & The Magnetic Zeros** is a good song to listen to when you're feeling low because this will put your mood in a happy place.



Control by **Zoe Wees** is a very good song to cry to or get anger out of your system.

Riptide by **Vance Joy** is good for a beach day with your friends and family.



"For anyone who finds emotions hard...

If you ever feel like the world is on top of you, put some good music on and block out the world for a while. You should feel better than you did at the start."

The song choices were made by one of our Silver Duke of Edinburgh students who has chosen musical appreciation for her skill section.

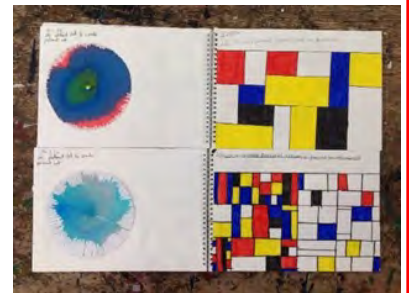


Beech Class

Mrs Harvey has been teaching Beech Class all about Mondrian (Dutch painter). They really look forward to their art lessons.



Beech and Olive Class had fun together solving problems in the woodland area. They especially loved playing the game of manhunt!



Maths games are very popular with Beech Class!

Here is a picture of our boats almost completed and ready to set sail!



PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING FEBRUARY HALF TERM 2024

moneysavingcentral.co.uk/kids-eat-free

ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

TESCO

Kids eat free with a purchase of 60p+ from Mon 12th - Fri 23rd February 2024

SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

GREENE KING PUBS

Kids Eat Free all-day with the purchase of an adult's meal. Deal, Monday-Friday, between Mon 12th - Friday 23rd February 2024

TRAVELODGE & PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

TGI FRIDAYS

Kids Eat Free When 'Stripes Rewards Members' purchase a full priced adult's main meal (App needed)

IKEA

Kids get a meal from 95p daily from 11am

MORRISONS

Spend £4.49 and get one free kids meal all day, every day.

GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

YO! SUSHI

From Mon 12th - Fri 23rd February 2024 kids eat free with every £10 adult spend

BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

DOBBIES GARDEN CENTRES

At Dobbies, for every adult breakfast or lunch purchase, kids eat for FREE. Every Day!

TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

HUNGRY HORSE

Kids eat for £1 on Mondays

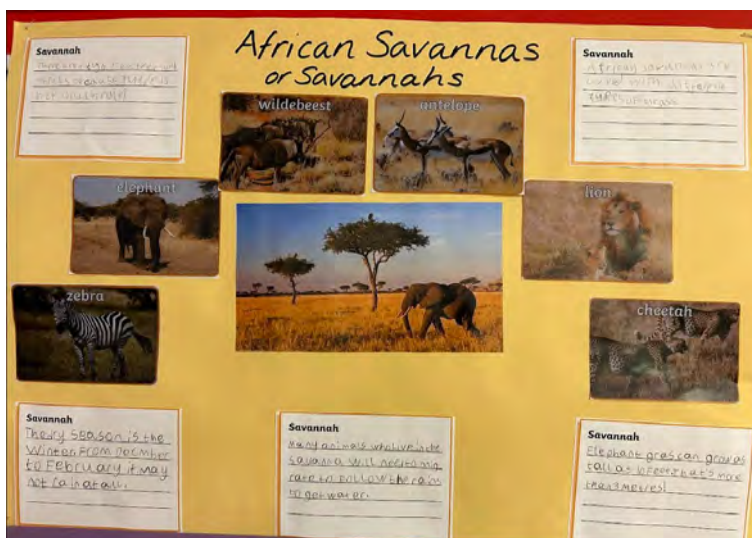
FUTURE INNS

Under 5s eat for free with any adult meal.



Conkers Class have made these amazing African inspired masks as part of our Topic and Art work this term.

It has been a really exciting topic learning all about the continent of Africa and the different cultures of the countries within it. We have really enjoyed building our own Ndebele houses, making African inspired jewellery and learning about the key biomes, what lives and grows there. We have even been on a virtual safari!



Sidestrand Hall 2023/24

September 2023							
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White Dates School Open to Pupils
Green Dates Pupil Holiday
Yellow Dates Staff Training (closed to pupils)

Class-based staff will also be expected to attend twilight training sessions throughout the year to ensure they complete all their out of term time hours. Other staff may need to attend twilight sessions or during the holidays to ensure their hours are met. All staff (except teachers) need to complete their INSET logs and return these at the end of the year.



Sidestrand Hall 2024/25

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