INDEPENDENT LIVING

Exploring Art

<u>Aim:</u> For pupils to explore and experiment with a range of media and techniques to create pieces of 2D and 3D art work.

During this unit the pupils will develop their knowledge and understanding of how different types of media (pencil, crayons, oil pastels, watercolours, paint, collage materials, paper and clay) can be used and manipulated to create pieces of 2D and 3D art work. The pupils will also study the work of other artists and develop their knowledge and understanding of different styles, techniques and cultures. The pupils will make and use a sketchbook to plan, develop and record their ideas to create their personal pieces of art work.

Getting About safely

<u>Aim:</u> For pupils to develop their understanding and knowledge of personal road safety and how they can access and use public transport.

During this unit the pupils will learn how to safely cross roads using different types of pedestrian crossing points. They will learn about road safety during the day and night.

The pupils will learn how to plan a journey and how they can use public transport. The pupils are expected to take part in several practical sessions were they will demonstrate their ability to move around a town or city centre safely, cross roads, and use a bus.

Gardening for Pleasure

<u>Aim:</u> Pupils to develop their understanding and knowledge of what a garden is, how to plant, grow and care for plants.

During this unit the pupils will learn about health and safety in the garden and how to use tools and equipment. They will learn how to grow plants from seed and by division. In Year 11 pupils will learn how to increase plants from cuttings.

The pupils will access the school garden and greenhouse for practical demonstrations and instruction. They will participate in sowing seeds, potting plants on, watering, weeding, digging, hoeing, raking and pruning.

The pupils will receive instruction and information in the classroom on plants, weeds, gardens, tools and equipment. They will participate in group discussions, group work and complete individual worksheets to demonstrate their horticultural knowledge and skills.

Cooking

Aim: For pupils to become more familiar with different methods of cooking and to know how to be safe in a kitchen environment.

During this unit the pupils will learn about hygiene and safety when working in a kitchen. They will work in pairs to cook a variety of simple meals using a range of cooking methods. The pupils will increase their confidence to use knives, ovens and a hob... The pupils will contribute to creating a menu for their class and learn how to set a table for dinner and how to appropriately serve to others.

Accessing the countryside

Aim: To develop an interest in the countryside and how it can be accessed as part of a healthy lifestyle.

During this unit the pupils will learn about how the countryside can be used and enjoyed as part a healthy lifestyle. The pupils will take part in classroom and outdoor based activities. They will learn how to read and use a OS map and how to plan a walk. The pupils will take part in several short walks in our local area. Here they will demonstrate that they can use understand road and footpath signs and follow the country code. As part of the unit the pupils will also be identifying the appropriate clothing to wear depending on the season and the conditions of the weather.

Enterprise

Speak to Class teachers for current Enterprise projects.