

SIDESTRAND HALL SCHOOL LUNCH MENU

Available Everyday: Salad, Bread, Milk and Fresh Fruit.

Jacket potatoes are available daily with beans & salad garnish.

Ham or Cheese pack lunch bag are available daily (sandwich, water, fruit and yogurt)

Jelly and Gluten Free Yogurts are available for those with dietary requirements.

| WEEK 1 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------------------|--|--|---|--|--|
| Option 1 | Fish Cake, Wedges and Peas | Cottage Pie with Mixed Vegetables and Gravy GF/DF | Toad in the Hole, Roast Potatoes, Broccoli, Carrots and Gravy GF | Chicken Curry, Rice and Naan Bread GF | Beef Burger, Chips and Beans GF/DF |
| Vegetarian Option | Sweet and Sour Vegetable Stir Fry with Rice GF/DF | Quorn Bolognaise with Pasta & Garlic Bread GF/DF | Mixed Pepper and Onion Quiche with New Potatoes & Salad | Vegetable Crumble | Quorn Sausage, Chips and Beans |
| Pudding | Raspberry Sponge with Custard | Peach crumble and cream | Raisin Oatie | Strawberry Jelly | Chocolate orange Sponge with Chocolate Custard |
| Week One: | | | | | |

| WEEK 2 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------------------|---|---|---|--|--|
| Option 1 | Sausage Casserole with Herby Dumplings and Mash | Cod Bites with Wedges and Mushy Peas GF/DF | Roast Chicken, Roast Potatoes with Carrots, Broccoli and Gravy GF/DF | Pork & Beef Meatballs with Tri Colour Pasta, Peas, Sweetcorn and Garlic Bread GF/DF | Pork & Apple Burger with Chips and Beans |
| Vegetarian Option | Quorn Mince Chilli with Rice and Peas GF/DF | Macaroni Cheese with Salad | Mash top Vegetable Pie with Gravy | Quorn Sausage, Yorkshire pudding, Road Potatoes, Peas and Gravy | Vegetable Lattice and Chips |
| Pudding | Mixed Berry Crumble with Custard | Rice Pudding | Treacle Sponge and Custard | Cherry Flapjack | Blueberry Muffin |
| Week Two | | | | | |