

Chestnut Class

Pupils in Chestnut Class have enjoyed Science this term. We have been learning through using our senses.

Earlier in the term we focussed on smelling and tasting, using a range of foods, drinks, herbs and spices. We made lists of foods that we did and did not like. This work has helped us to try a wider range of foods at mealtimes and will help us to make healthy food choices.

Now we are using vision to learn. We are using reflective and dull materials and lights to explore. We are hoping to make our own disco balls using reflective papers and foils. We are really enjoying the new work about lights!



Pine Class showing us their Minion Pumpkins they made for Halloween as part of their Thrive sessions



Keeping Healthy



Skipping is a great way for families to keep fit and healthy together. Just 10 minutes of skipping can burn 70 calories and help increase your heart rate.

When you have some spare time, why not try the following:

Skip Jump - hop on one foot and kick the other foot to the front (or behind) the body, alternate legs

Jog Jump - alternate your feet in a jogging movement as you jump the rope

Hop Jump – hop on one leg for several jumps, alternate legs (start with 2 per leg and increase as you improve)

Jack Jump – do "jumping jacks" as you jump – one jump land with your legs apart, next jump land with them together

Remember you can keep up to date by visiting our school website – www.sidestrandhall.norfolk.sch.uk or Twitter feed @SidestrandHall



Dates for your diary:

Mon 16th Nov – Friendship Week

Fri 11th Dec – Christmas Lunch

Tue 15th Dec – Christmas Afternoon 1.30pm-3pm

Fri 18th Dec – End of term

Tue 5th Jan – Back to school

Tue 26th Jan – Yr 10/11 Meningitis Vaccinations

Mon 8th Feb – E-safety week

Fri 12th Feb – End of term

Mon 22nd Feb – Back to school

Thu 24th Mar – End Of term

Mon 11th Apr – Back to school

Fri 27th May – End of term

Mon 6th June – Back to school

Wed 20th July – End of term



SIDESTRAND HALL SCHOOL NEWSLETTER

13th November 2015

Welcome to our latest Newsletter

On Monday 19th October Bay class visited Cromer Museum as part of their Homes Long Ago topic. While at the museum they looked at and held household objects from the past such as a hot water bottle and a beater for cleaning carpets. They helped in the kitchen making pancakes and then went outside to help with the laundry. The pupils enjoyed grating the soap and using the posser in the dolly tub. Finally Bay class helped dry the clothing using a mangle.



Bay class have been working very hard this half term in art on their topic Ourselves. They have produced several self portraits using different media which are now displayed in the corridor. Bay class are particularly pleased with their clay busts.



On Friday 6th November a group of 8 students went to Bowthorpe for an indoor bowling competition. There were 9 other schools competing and everyone had a really good time. Josh was our star bowler and won both his games with a score of 122 in one game. All the children were very well behaved and a credit to the school.

